ACT Out -Comprehensive List of Programs

The ACT Out Ensemble uses scripted content (scenarios) generated to meet an audience's needs and transforms it into improvisational, interactive theater programs. Professional actors deliver performances focused on a variety of topics salient to youth and adolescents that are followed by frank, research-based and to-the-point analysis by both audience and presenters.

A low cost/high impact program with minimal involvement from schools (only a 1-hour investment), ACT Out programs are proven to be a great complement to current SEL programming, evidence-based for SEL fidelity, with a 97% - 100% fidelity rate. IPS has 75 free programs funded for a limited time. To view a one-minute promotional video, click <u>here</u>.

- 1. Bullying and teasing (including cyberbullying)
- 2. Body image
- 3. Domestic violence
- 4. Eating disorders
- 5. Healthy vs. Unhealthy Relationships
- 6. Literacy
- 7. Peer mediation
- 8. Conflict resolution
- 9. Depression/mental health
- 10. Interview readiness
- 11. Self-esteem building
- 12. Suicide
- 13. Career exploration



- 14. Community service
- 15. Dating violence
- 16. Alcohol and drug use
- 17. Getting along and teamwork
- 18. Tobacco use
- 19. Orientation to college life
- 20. Self-Awareness and self-regulation
- 21. Social awareness and responsible decision making
- 22. Indiana State Police (Sudden Infant Death Syndrome, Human Trafficking)

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- 23. Racial profiling
- 24. Respect/Ownership/Upstanding Citizenry
- 25. Opioids and addiction



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